

April 24, 2023

Eppler Express



Monday, April 24	Thursday, April 27
<ul style="list-style-type: none">Chess Club Meeting 3:00 - 4:00 pm Media Center7th & 8th grade track vs. Jeannette @ 4:00	<ul style="list-style-type: none">Homework Club, Media Center @ 2:55-3:55 pmCollege and Career Pathways @ Henry Ford II 6:00 pm - 8:00 pmTake your child to work dayM-STEP Make-Up Testing
Tuesday, April 25	Friday, April 28
<ul style="list-style-type: none">Homework Club, Media Center @ 2:55-3:55 pmEPIC Meeting Media Center Con- ference Room 9:05 am - 10:00amPSAT 8/9 Make-Up Testing	<ul style="list-style-type: none">Chieftain of the Month 11:45 am - 12:45 pm, Room 106
Wednesday April 26	Saturday, April 29
<ul style="list-style-type: none">Student Council Meeting 3:00 pm Room 107M-STEP Social Studies 8 Testing	<ul style="list-style-type: none">None
	Sunday, April 30
	<ul style="list-style-type: none">None

What's Inside:

What's Happening this Week at Eppler

Upcoming Activities

Additional Information:

- School News & Information
- Sports Information
- [Clubs & Organizations](#)
- District News
- Educational Camps/Enrichment /
Activities/Community Ed
- [In Case You Missed It](#)
- [Power School / Naviance](#)
- [Reward Programs](#)

Important Websites and Re- sources:

- [Counseling Information](#)
- [UHS Athletics Boosters](#)
- [Eppler Website](#)
- [Eppler Express](#)
- [PaySchools](#)
- [Student Handbook](#)
- [UCS District Website](#)
- [Report Bullying](#)
- [PowerSchool Portal / Information](#)
- [UCS District Calendar](#)

Eppler Chieftain Code of Conduct

Chieftains are...

Respectful



School News & Information

Vision and Mission Statements

Our Vision Statement: Eppler Junior High School, in partnership with our community, will empower students to achieve their full potential and become productive contributors in a diverse society.

Eppler Junior High School Mission Statement: The Eppler community will collaborate to foster a safe, respectful, and inclusive learning environment that will inspire growth, excellence, and achievement.

Parent Access for Schoology

Parents/Guardians,

Did you know that you can have a parent account for your child's Schoology classes? You can access each of their classes, as well as the counseling department's Schoology page. The counseling page has many resources ranging from support groups and therapy to community resources for help with everyday problems. If you would like access to your child's Schoology account (this is different than PowerSchool), you can contact the main office at 586-797-2900 to request your child's 12-digit-code and instructions.

PARENT ACCESS DIRECTIONS FOR SCHOOLOGY

1. Go to www.schoology.com.
2. Click **Sign Up** at the top of the page and choose **Parent**.
3. Enter your Parent Access Code. This is the 12-digit code in **xxxx-xxxx-xxxx** format
4. To receive the 12-digit code, please contact the Main Office
5. Fill out the form with your information.
6. Click **Register** to complete.

When you use a Parent Access Code to create an account, you are automatically associated to your child. You can add additional children to your account using the Add Child button.

If your Parent Access Code does not allow you to register, or if the code does not have 12 digits, please contact techsupport@uticak12.org.

May 2 : Voting Day

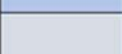

Safety remains a priority in Utica Community Schools.

On May 2, Utica Community Schools will be holding a special election that will allow voters to consider the district's Safety and Success proposals. Our schools remain the centerpiece of the community, and we are proud that many of our school facilities are used to support the voting process. During these elections, school facilities need to be open and easily accessible to allow voters to cast their ballots. As has been the practice of UCS for past elections, **there will be no school on May 2**. The cancellation of school maintains our commitment to safety and allows our facilities to be open for community members to cast their ballots in this important election. This will also provide an opportunity for professional development opportunities for staff.

See the link below regarding our College and Career Pathways Event - April 27, 2023 using the link below. We have a variety of HBCU, Out of State Institutions, Michigan Institutions and Career Focused Institutions attending this year's event.

Over 80 institutions attending so far!

We have categorized institutions on our map so attendees will be able to find what they are looking for!

	Creative Institutions
	Macomb Community College
	In State Institutions
	Career Institutions
	HBCU Institutions
	Out of State Institutions

[College and Career Readiness / College Central \(uticak12.org\)](http://uticak12.org)

PSAT 8/9 Score Information

To view their scores, students will need to create a College Board account to get their full PSAT 8/9 score report. (Some AP students have already created a College Board account in their AP classes.)

1. Before you get started have your:

- * Email address
- * Expected high school graduation date (month and year)
- * School year

****It is very important that students remember the email address they use, as well as their username and password for the College Board Account they create! So, write it down someplace safe.***

2. Go to collegeboard.org

3. Click on "Sign Up"

4. Select "I am a Student"

5. Create a username and password

- * Your username should have 6-15 characters and be made up of letters and numbers
- * Your password must be 7-15 characters with at least one number and one letter
- * Choose a security question and provide an answer you can easily remember.

Once students have created their College Board account, they can set up an account with Khan Academy. When you link these two accounts, students will get free, personalized SAT practice. Khan Academy resources can also be used to prepare for the PSAT 10/SAT/AP.

How can I use the score report?

The student score report is designed to both clearly summarize the student's current achievement levels and to help guide and encourage next steps for academic progress. As you look through the report with your student, there is a substantial amount of information you will want to review.

On Track for College Readiness?

Grade level benchmarks allow students and educators to understand how they are progressing toward college readiness.

Evaluate Relative Strengths and Weaknesses:

Test scores, cross-test scores, and sub-scores provide an opportunity to evaluate a student's strengths and weaknesses and highlight specific opportunities to strengthen the student's college readiness skills.

Define Next Steps-Actions to Support Skills:

The "Your Scores: Next Steps" page identifies the specific skills that the student should address.

Understanding Results

Test scores, cross-test scores, and sub-scores in Evidence-Based Reading, Writing, and Math will give the student a better understand of areas they need to work on. The scores will also show if the student met or exceeds the benchmark and if they are on track for college readiness.

Percentiles-compare the student's scores with those of all 9th graders in the nation. The score report is designed to help students see how they performed by showing the skill areas covered and whether the answer was correct, incorrect, or omitted.

If you have any questions, please email your student's counselor.

AP Testing Reminders for Students 2023

You have been working hard to prepare for your AP Exams. The following reminders will allow us to have a smooth testing experience.

AP Human Geography Students: Thursday, May 4th – Arrive to the Eppler Library Media Center at 7:30 a.m. Remember, if you usually take a bus to school, you must provide your own transportation on test day. After testing, students will return to their regular school schedule.

AP Seminar Students: Thursday, May 4th – Arrive to Eppler Library Media Center by 11:40 a.m. Please be sure to eat lunch before you arrive for testing. You may attend A or B lunch. Use this message as your pass to lunch that day if you are eating during a lunch period that is not your usual one.

Computer Science Principles Students: Monday, May 8th – Arrive to Eppler Library Media Center by 11:40 a.m. Please be sure to eat lunch before you arrive for testing. You may attend A or B lunch. Use this message as your pass to lunch that day if you are eating during a lunch period that is not your usual one.

AP World History Students: Thursday, May 11th – Arrive to the Eppler Library Media Center at 7:30 a.m. Remember, if you usually take a bus to school, you must provide your own transportation on test day. After testing, students will eat lunch in the testing room. We will be providing pizza and pop but students can also bring a lunch from home or visit the cafeteria and bring food back to the testing room.

On test day the following will apply:

You SHOULD bring the following items to the exam room:

-Several sharpened No. 2 pencils (with erasers) for completing multiple-choice answer sheets (a pencil sharpener will not be available during the exam)

-Pens with black or dark blue ink for completing areas on the exam booklet covers and for free-response questions in most exams

-A watch (that does not make noise, take pictures, or send and receive internet/phone messages)

You SHOULD NOT bring the following to the exam room:

-Books, compasses, mechanical pencils, colored pencils, correction fluid, dictionaries, highlighters, notes, rulers and straightedges

-Scratch paper, reference guides, keyboard maps, or other typing instructions

-Watches that beep or have an alarm

-Clothing with subject-related information

-Cell phones, digital cameras, photographic equipment, personal digital assistants (PDAs), BlackBerry smartphones, smartwatches, laptops, tablet computers, calculators, Bluetooth-enabled devices, MP3 players, ipods, e-mail/messaging devices, portable listening or recording devices, devices that can access the Internet, or any other electronic or communication devices

· IF A STUDENT IS OBSERVED WITH ANY OF THESE DEVICES DURING TESTING OR DURING BREAKS, THE STUDENT MAY BE DISMISSED FROM THE EXAM ROOM, AND THE DEVICE MAY BE CONFISCATED.

· IF A STUDENT USES A CELL PHONE DURING THE EXAM, THE STUDENT'S SCORES WILL BE CANCELED AND NO RE-TEST WILL BE PERMITTED.

· IF A STUDENT POSTS TO ANY FORM OF SOCIAL MEDIA DURING THE EXAM, THE STUDENTS SCORE WILL BE CANCELED, NO RETEST WILL BE PERMITTED, AND THE STUDENT MAY BE PERMANENTLY BARRED FROM TESTING.

· NO PHOTOS MAY BE TAKEN IN THE EXAM ROOM BY ANYONE FOR ANY REASON.

Students may not be dismissed until an exam has officially ended and all materials have been collected and counted; Do not ask to leave early if you finish before the end of the exam or request an early dismissal.

Get a good night's rest before your exam and eat a nutritious breakfast. You are allowed to bring a snack and beverage for your 10-minute break. However, food and drink are prohibited in the exam room during testing. It is advisable to bring a sweater/sweatshirt and dress in multiple layers, in case the room temperature is above or below your comfort level.

You are required to abide by the policies of both the College Board and your school during the exam period. Any misconduct will be reported and could jeopardize your AP Exam score.

If you decide not to take an exam, please inform me as soon as possible prior to the test administration. Students who cancel prior to the exam will receive a partial refund.

If you have any additional questions or concerns, feel free to contact me. Good luck! Ms. Blanchard autumn.blanchard@uticak1

Dear Eppler Parents/Guardians,

All 7th and 8th grade students will be testing on the following days:

- 7th grade students will be taking the ELA MSTEP on April 18, 19, & 20 in their English classes.
- 8th grade students will be taking the Science 8 MSTEP on April 19 & 20 in their Science classes.
- 8th Grade students will be taking the Social Studies 8 MSATP on April 25 & 26 in their Social Studies classes.

Please make sure your child is on time and if possible, avoid early dismissals or absences on these days.

Students will need to use their locker to drop off their backpacks, coats, phones, smart watches, Air Pods, and any other personal items prior to reporting to their testing room. Per state testing guidelines, these items ARE NOT permitted in the testing areas to ensure students' scores are not compromised. *If students do not know their locker combination, they need to ask the office for it PRIOR to testing day.

Only the items listed below will be permitted in testing rooms:

- Required Items for Testing:
 - ◆ Charged school laptop
 - ◆ Charging cord
 - ◆ Pencil
 - ◆ Non-academic reading materials such as a book or magazine to read after testing (optional)

Finally, some test preparation tips are listed below. Thank you for your support!

The Night Before:

- ◆ Relax! You've got this!
- ◆ Hydrate and have a healthy dinner. Drink water and load up with complex carbohydrates...potatoes, pasta, and rice are good choices here, as well as protein and vegetables. Avoid junk food and sugary drinks.
- ◆ Organize your backpack for test day. The night before put items you will need for testing in your backpack. Double check that you have everything that you will need for testing.
- ◆ Make a plan to get to school on time. Before you go to sleep, make sure you set an alarm (or two). Consider picking out your clothes ahead of time as well.
- ◆ Get a good sleep. Try to get at least 8 hours of sleep the night before the test. Start by limiting screen time. You're going to need to get a good night's sleep, and bright screens (televisions, phones, movies) will wake up your brain and make it more difficult to drift off at an early hour.

Test Morning:

- ◆ Have a healthy breakfast. Here are a few good choices: eggs, toast, cereal, bagel, fruit, juice, cheese, milk.
- ◆ Stick to your routine. If you don't drink a caffeinated beverage every day, test day isn't the time to start. You need calm, slow-burning, consistent energy today.
- ◆ Be on time. Get to your class on time and be in your seat when the bell rings
- ◆ Relax! You've got this!



EPPLER JUNIOR HIGH SCHOOL DAILY SCHEDULE

1ST HOUR 8:00 – 8:58

2ND HOUR 9:04 – 10:00

3RD HOUR 10:06 – 11:02

4TH HOUR 11:08 – 12:47

A Lunch 11:08 – 11:39 Lunch

11:45 – 12:47 Class

B Lunch 11:08 – 11:39 Class

11:45 – 12:10 Lunch

12:16 – 12:47 Class

C Lunch 11:08 – 12:10 Class

12:16 – 12:47 Lunch

5TH HOUR 12:53 – 1:49

6TH HOUR 1:55 – 2:51

EXAM DAY SCHEDULE

1ST EXAM 8:00 – 9:28

2ND EXAM 9:34 – 11:02

BE PROMPT!

HALF—DAY Dismissal @ 11:02 AM



Eppler Junior High School

CELL PHONE/DEVICE POLICY

Throughout Entire Building at All Times, Including Before and After School

NO Pictures

NO Phone Calls

NO Texting

NO Social Media

***This includes Kik, Snapchat, Instagram, and ALL others

During School hours 8:00 – 2:51pm

Cell Phones/Electronic Devices must be placed in lockers for the entire school day and may not be used during the school day for **ANY REASON**.

Cell Phones/Electronic Devices **ARE NOT** allowed to be taken out of lockers during the school day, except for early release or permission from administration.

Cell Phones/Electronic Devices **ARE NOT** allowed in the lunchroom.

If you are found breaking Cell Phone/Device policy, your phone/device will be confiscated and brought to main office.

1 st Time	2 nd Time	3 rd Time	4 th time
<ul style="list-style-type: none">• Taken to Office• Parent must pick up	<ul style="list-style-type: none">• Taken to Office• Parent must pick up• After-School Detention	<ul style="list-style-type: none">• Taken to Office• Parent must pick up• Saturday School	<ul style="list-style-type: none">• Taken to Office• Parent must pick up• One-Day Suspension• Phone banned from building

Note: Eppler Junior High and UCS assume NO responsibility for theft, loss or damage of your device. The student assumes full responsibility and brings the device at their own risk.

Student IDs:

Since all of our students have now had their pictures taken, it is required that they wear their ID on a lanyard during school hours. The lanyard is to be around their neck, not under a shirt or in a backpack. If your child needs a new lanyard, please have them stop in at the main office to get one. Starting the week of September 20th, there will be random ID checks made.



Eppler Jr. High

ID Badge Requirements

(directly from the handbook)



**ID BADGES ARE TO BE WORN IN
SCHOOL - ALL DAY - EVERY DAY**

**BELOW ARE THE CONSEQUENCES FOR
NOT WEARING YOUR ID BADGE:**

\$5 ID REPLACEMENT

6 TIMES WITHOUT ID = \$5 ID REPLACEMENT

9 TIMES WITHOUT ID = \$5 ID REPLACEMENT & SATURDAY SCHOOL

12 TIMES WITHOUT ID = \$5 ID REPLACEMENT & SATURDAY SCHOOL

15 TIMES WITHOUT ID = \$5 REPLACEMENT & SUSPENSION

If you are caught not wearing your badge in school 6 or more times, another badge will automatically be printed and a \$5 fee will be placed on your student account to be paid.

(EVEN IF YOU ALREADY HAVE A BADGE)

The barcode on the ID will be linked to your child's lunch account so the ID will be scanned when purchasing items using an account.

Lunch Deliveries



Food Deliveries: Food that is delivered by a service such as Door Dash or Grub Hub will not be permitted at Eppler. due to school safety concerns and the disruption to the school day, we cannot accommodate such deliveries. we ask that all students bring their own lunch or buy a lunch from the cafeteria. If a student forgets their lunch, they may borrow against their lunch account in the cafeteria, or a parent may drop off a lunch for their student. However, if the food dropped off is from a restaurant, the student will be asked to eat it in the Main Office during their lunch hour. Coffee, smoothies, and outside breakfast brought in the school in the morning must be consumed before going into first hour. This is the practice that takes place at the high school level and Eppler is aligning with Utica High in order to provide consistent expectations for our students. If you would like to apply for the free or reduced lunch program, or to establish a lunch account for your child, please click [here](#).

Thank you for your understanding and we appreciate your support.

Dress Code Rules - REMINDER

Dress code:

Please address the following dress code items with your child:

- Hoods/hats are not to be worn in the building.
- Clothing must not show bare mid-drifts, shoulders, cut too low or any derogatory or drug/alcohol messages.

Student Drop-off after 8:00am

Parents, please be aware that there is often no need to come into the building when you are dropping off your child at school if they are late or after an appointment. The only reasons we will require you to come into the building are if you are picking up your child, for which you will need ID, or if you are dropping off anything for your child, which we ask that you label for their pick-up. Other than that, please feel free to stay in your warm and dry vehicle (on cold and rainy days) and enjoy whatever you may be listening to from your playlist! Thank you!!

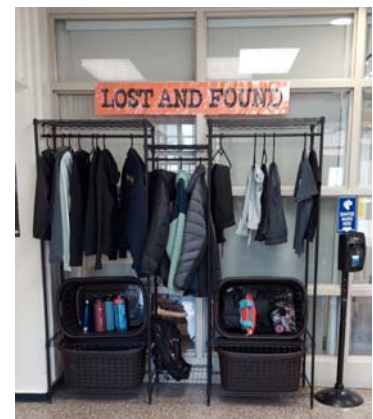
Parent Student Handbooks

Please use the following link to access the Parent and Student Handbooks for the 2022-2023 school year. Please note that there are separate handbooks for Grades 7-8, and Grades 9-12. Please see the updated attendance policies on pages 3-6 in the Grades 7-8 Handbook, and pages 2-7 in the Grades 9-12 Handbook.

<http://utica.ss9.sharpschool.com/handbook>

Lost and Found

Eppler Lost and Found - Before replacing your student's lost item, ask your child to check the Lost and Found outside the Counseling Office.



Dear Parents,

Winter NWEA MAP Growth student progress reports are now available on your parent PowerSchool Account at this link: <https://ps.ucs.misd.net/public/home.html>.

Attached are directions on how to access and download the file. The file can only be accessed through a web browser, such as Edge, Chrome or Safari. Please note that the link is not available through the App.

If you have any questions about this report, please contact your student's teacher.



HOW TO ACCESS NWEA STUDENT PROGRESS REPORTS USING THE PARENT POWERSCHOOL WEB BROWSER ACCOUNT

NWEA Student Progress Reports are only available when accessing your Parent PowerSchool account in a web browser, such as, Google Chrome, Windows Edge, or Safari (desktop or mobile). Report Cards are not available in the Parent PowerSchool App.

1. To view your student(s) report, access the Parent PowerSchool account website: <https://ps.ucs.misd.net/public> and login using your username and password.
Please Note: The login credentials for the web browser account are the same as the mobile app account.

If you forgot your username or password, click on *Forgot Username or Password?* to retrieve your login credentials.

PowerSchool SIS

Parent Sign In

Sign In Create Account

Username

Password

[Forgot Username or Password?](#)

Sign In

Student Sign In

Students - Click the button to sign in. You will be redirected to the Student sign in page.

Student Sign In

Due to an update to PowerSchool, parents who had a PowerSchool account prior to August 2, 2022 must reset their password to login. Please click on "Forgot Username or Password?" and enter your email in BOTH the "Parent Username" and "Parent Email Address" sections.

2. If you do not have a Parent PowerSchool account, click on the link below to access the directions for creating an account. <https://www.utica12.org/Page/994>

Reward Programs

Calling All Shoppers!

Eppler has a reward program at Kroger. All you have to do is shop, swipe your card, and Eppler gets cash back! The Kroger Community Rewards program makes fundraising easy by donating based on the shopping you do every day. Once you link your Card all you have to do is shop at Kroger and swipe your Shopper's Card. Here's how :



- Go to www.krogercommunityrewards.com
- Click Sign in the upper right-hand corner
- Put the email address and password used to enroll your card
- Go to "Savings & Rewards", then "Kroger Community Rewards", I'm a Customer"
- Enter the group number **EJ598** or search **Eppler Junior High School**
- Click on the organization then click "Enroll"

NJHS – Planet Green Fundraiser



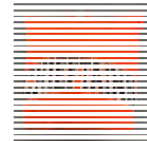
Thank you to all who have donated to Planet Green! We have raised over \$400 over the last couple of years by recycling used ink cartridges and electronics! Planet Green is no longer accepting used electronics. They are only accepting ink cartridges. Please continue to send those into Mrs. Byron in room 19! Thank you!

NJHS is doing a yearlong fundraiser with Planet Green. Please send in **Inkjet cartridges (NO toner or laser cartridges)** to room 19. NJHS sends them to Planet Green, and then Planet Green sends Eppler a check! This fundraiser helps the environment and our school! NJHS members can receive one hour for every 5 items, but everybody is encouraged to participate!

School Store



Show Your School Spirit



Eppler hoodies are back in stock

They say Chieftains across the front, so they can also represent Utica High in the future! Cost is \$28 for adult small through extra large. There will also be a limited amount of 2xl and 3xl available for \$30. **We also have embroidered Chieftain socks in orange or black.** We are running a special on the socks for just \$10! You can choose orange or black.

UHS Marching Band Color Guard

On Tuesday May 16th and Thursday May 18th, there will be informational meetings and clinics for anyone interested in joining The Utica High School Marching Band Color Guard section. The meetings will be held from 6:00 - 8:30 pm in the Band Room at Utica High and no experience is required. Two years of being in the Color Guard can count as your Phys Ed requirement for graduation. If you have any questions, please email Mr. Bays.

Eppler Clubs & Organizations

We Need Volunteers

We still have a couple of clubs/organizations without sponsors and could use YOUR help in re-launching these groups to give interested students a wonderful opportunity!

Please contact Mr. Pantano at gerard.pantano@uticak12.org if interested in helping with:

Robotics Club



Cultural Diversity Club



Eppler Parent Involvement Committee (EPIC)

The following is a list of dates and times of the Eppler Parent Involvement Committee (EPIC) meeting throughout the school year. All parents are invited and welcome to attend. All meetings will be held in the Media Center from 9:05 am – 10:00 am. We look forward to seeing you!

Monday, September 26 @ 9:05 am
Tuesday, October 25 @ 9:05 am
Tuesday, November 15 @ 9:05 am
Monday, December 12 @ 9:05 am
Tuesday, January 24 @ 9:05 am

Monday, February 27 @ 9:05 am
Wednesday, March 22 @ 9:05 am
Tuesday, April 25 @ 9:05 am
Wednesday, May 24 @ 9:05 am

ESAB



Tuesday, October 11
Wednesday, November 9
Tuesday, December 6
Tuesday, January 10

Tuesday, February 7
Tuesday, March 7
Wednesday, April 12
Wednesday, May 10

Meetings will be held at 3:05 pm in Room 122

Chess Club



Chess Club is up and running! Meetings are held every Monday in the media center from 3—4 PM. See Mrs. Byron, room 19 for more details.

Eppler Booster Club

We need you!! Please help!!

The Eppler Athletics Boosters are looking for a few good volunteers! Unfortunately, if we do not get any volunteers, we will have to shut down the group. The boosters have been an integral part of many improvements at the school - water filling stations, providing needed equipment for teams, gym decor update, end of season pizza parties for all teams, just to name a few. Most importantly, we are also in need of a parent or couple of parents that can be responsible for the concession stands at the home games.

If you are interested in either please contact Mr. Paul at eric.paul@uticak12.org

**JOIN THE
BOOSTER CLUB**

EPPLER JUNIOR HIGH

AFTER-SCHOOL HOMEWORK CLUB

At Eppler Junior High School, we want to help your child have a successful school year. The Homework Club will be available on **Tuesdays and Thursdays** from 2:55 PM to 3:55 PM in the Eppler Media Center. Students can use this time to get academic assistance, complete assignments, work on projects, and/or study for tests. A few high school tutors are usually available. Students can ask the teacher in charge if there are tutors available that day.

Each student should bring all necessary materials and books to the media center by 2:55 PM. **Please be advised that if a student comes to Homework Club with nothing to work on, he/she will not be admitted to Homework Club that day.** All students will be expected to remain in the Media Center until 3:55 PM. Students will need to sign in each day that they participate. Students need to arrange for their own transportation home.

If you would like your child to be able to attend Homework Club, please complete the bottom portion of this form and have your child bring it with him/her the first time they attend Homework Club (only one slip is needed, and the student may come as often as they like for the school year). Phone calls and other notes will not be accepted in place of this signed permission slip.

If you have any questions regarding Homework Club, please contact your child's school counselor (Last names A-K: Marla.Ostrom@uticak12.org / Last names L-Z: Autumn.Blanchard@uticak12.org).



EPPLER HOMEWORK CLUB PERMISSION SLIP



My child, (please print) _____, grade _____, has my permission to participate in Homework Club. I understand that it is my responsibility to provide transportation for my child at the end of the session. **My child understands that it is his/her responsibility to arrive on time, to bring all necessary materials to the Media Center, and to be prepared to work.** My child also understands that Eppler Junior High school rules apply and will be enforced. Misbehavior can lead to dismissal from being a participant in the Homework Club. Students will sign in, and if I ever want to verify my student's attendance, I will contact my child's school counselor.

Parent/Guardian Signature: _____ Date: _____

Student Signature: _____



Join us for a night of fun,
entertainment & baseball
at Jimmy John's Field!



AVID EPPLER JUNIOR HIGH SUMMER OUTING!

GROUP PERKS INCLUDE:

- Reserved Grandstand seating
- Kids Run the Bases after the game
- FREE Parking!

UNICORNS VS. HOPPERS
FRIDAY, MAY 19 - 7:05 PM
GATES OPEN AT 6:00 PM

[PREVIEW YOUR EXPERIENCE HERE](#)



"Your exemplary team made our night smooth and effortless. It was an amazing event and everyone went home happy. Jimmy John's Field is a true field of dreams." - Stewart





Scan the following QR Codes for links to each website...

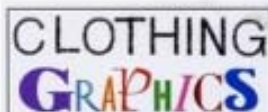
BigTeams



Athletic Forms



Pay to Participate Fee



Link to Eppler Track Jersey & spiritwear orders!



Parents should join Remind!

7th Grade



8th Grade



Eppler Track- 2023



Coaching Staff

7th Girls Head Coach: Cathy Schreiber

email: catherine.schreiber@uticak12.org

7th Boys Head Coach: Pat Collins

email: patrick.collins@uticak12.org

8th Girls Head Coach: Aimee Gissel

email: aimee.gissel@uticak12.org

8th Boys Head Coach: Mike Zalewski

email: michael.zalewski@uticak12.org

Assistant Coach: Laura Berg laura.berg@uticak12.org

Assistant Coach: Eric Paul eric.paul@uticak12.org

Meet Date	Opponent	Time	Site
Fri. April 14	vs Bemis *Combined 7th/8th	4:00pm	Eisenhower HS
Mon. April 24	vs Jeannette *Combined 7th/8th	4:00pm	Ford HS
Thurs. May 4	vs Davis *Combined 7th/8th	4:00pm	Eisenhower HS
Wed. May 10	vs Heritage *Combined 7th/8th	4:00pm	Ford HS
Tues. May 16	vs Malow *8th only	4:00pm	Eisenhower HS
Thurs. May 18	vs Malow *7th only	4:00pm	Ford HS
Tues. May 23	vs Shelby *Combined 7th/8th	4:00pm	Swinehart (Utica)

* For combined 7th/8th meets: 7th graders still compete vs 7th graders, and 8th vs 8th.

**All dates subject to change; Depending on the weather and track availability

Eppler Sports Results

7th grade girls track

First place finishers:

55M Hurdles: Tate 10.83

1 Mile Run: Stone 7:22

400M Dash: Battisti 1:14

800M Run: Battisti 3:19

200M Hurdles: Tate 34.0

1Mile Relay team: Hartman, Shene, Battisti, Tate with a time of 5:37

Shotput: Chambers: 27ft. 11in.

High Jump: Bahri 4ft.

Second place finishers:

1 Mile Run: Vitale 7:25

70 M Dash: Ackerly 10.45

200M Hurdles: Zajac 39.0

Shotput: Vitale 23ft. 10in.

Third place finishers:

55M Hurdles: Harris 12.19

70M Dash: Harris 11.19

Long Jump: Kennaugh 8ft. 3in.

7th grade boys track

First place finishers

Jacob Solomon for the 2 mile

Leo Rissman for the 55 hurdles

Carter Coles 100 m dash

Nick Florio High Jump and 400 meter dash

Emmerson Kraemer in the 70 meter dash

Daniel Itoney in the Shot Put, Daniel was also 3rd in the mile

Other athletes who placed in their individual events

Angel Portillo in 55 hurdles

Parker Gauthier in the 2 mile and mile

Nick Bahri in the 100

Makai Lomax in the 70

Adrian Flattery in the 200 hurdles

Kraemer and Lomax in the 200 dash

Mateo Pipitone and Jackson Jolley in Shot put

Carter Coles and Solomon in long jump



Eppler Sports Results

8th grade girls

First place finishers were:

Lily McNair for the two mile.

Amanda Meholic for the 55m hurdles.

Mackenzie Lindquist in the 100m dash.

Eppler's 800m relay team of Sophia Arnold, Addy Clark, Kylee Backus, and Angel Ross.

Elle Shimmell in the one mile.

Elle Shimmell in the 400m run.

Eppler's two mile relay team of Lily McNair, Marianna Bleck, Amber Shekoski, and Elle Shimmell.

Katelyn Dib in the 70m dash.

Amanad Meholic in the 200m hurdles.

Eppler's mile relay team of Ella Laszczak, Angel Ross, Sam Gott, and Katelyn Dib.

Veronica Timmins in shot put.

Kylee Backus in the long jump.

Other athletes who placed in their events:

Jada Austin in the 55m hurdles.

Katelyn Dib in the 100m dash.

Rachel Brodi in the mile.

Ella Laszczak and Sophia Arnold in the 400m run.

Destiny Johnson in the 70m dash.

Ella Knake in the 800m run.

Kendall Yousef in the 200m hurdles.

Kylee Backus in the 200m dash.

Lily Boskovich in shot put.

Mackenzie Lindquist and Marianna Bleck in high jump.

8th grade boys

1st place holders:

Drake Edwards in the 100m dash and 2^{ms} in the 200m dash

Lucas Rea 55m Hurdles & 3rd in 200m Hurdles

Joshua Hayes 200m

Aaron Paul – 1st in Long Jump & 2nd in the 400m Dash

Carter Cazpski – 1st in shot put

Other Athletes who placed in their individual events:

Vinko Capelj – 2nd in the 55m Hurdles

Matthew McIntyre – 2nd in the two mile

Garet Gertsch – 3rd in the two mile

Aaron Paul – 2nd in the 400m dash

Aaron Humes – 2nd in the 800m dash & 3rd in the 400m dash

Jack Kadrioski – 3rd in Shot Put

Nelson Osman – 2nd in high jump

Nolan Daubenmeyer – 3rd in high jump

Shuhan Khan – 2nd in 200m hurdles & 3rd in the 55m Hurdles

Arav Chopra – 3rd in the 800m Dash



PowerSchool/Naviance/Text Messaging Service

PowerSchool– [Click here](#) to go to the district's PowerSchool website

Parent Portal Access through PowerSchool

PowerSchool is the district's student information system used for scheduling, attendance, grades, and delivery of report cards. Please find more information below on how to create and access your Parent Portal Account.

To login, visit: <http://ps.ucs.misd.net/public>

Due to an update to PowerSchool, **parents who had a PowerSchool account prior to August 2, 2022 must reset their password to login.** Please [follow these directions to update your password.](#)

Below are useful documents for you to reference and take full advantage of PowerSchool:

Parents: [Create a Parent Portal Account](#)

Helpful Tips for our PowerSchool Parent Portal: [Click here for info on how to reset your password.](#)

PowerSchool Mobile App:

1. Download the PowerSchool Parent App through your device's [GooglePlay](#) or [Apple App Store](#).
2. Enter the UCS district code: NKDJ (all capitalized)
3. When logging in through your mobile app, you will use the same username/password that you use to login through your desktop.

Questions? Contact your home school to help with your PowerSchool questions.

Text Messaging Service

Utica Community Schools Text Messaging Service

Utica Community Schools offers a texting service for parents. The service allows parents to receive important information such as school closings, safety alerts, school reminders and more, directly from their school(s) on a mobile device.

Newly enrolled UCS parents will receive a text message from the district that reads:

"Utica Community Schools messages. Reply Y to confirm, HELP 4 info. Msg&data rates may apply. Msg freq varies. schoolmessenger.com/tm"

To receive the free* text messages, simply reply "Y" or "Yes" to the message.

Even if you have not received a UCS message to join, parents may opt in by texting "Y" or "Yes" to the short code 67587.

Parents may opt out at any time by replying "Stop" to one of the messages.

*Terms and Conditions: Message frequency varies. Standard message and data rates may apply. Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See schoolmessenger.com/txt for more info.



Naviance

Utica Community Schools has partnered with Naviance to provide a variety of tools for achievement through academic, career and college planning. These tools are located in Naviance Student, a website for students and families to access online resources, communicate with school staff and work on college and career readiness activities with your school and family.

[Click here](#) for the updated parent brochure with more information and step-by-step instructions.

Subscribe to Eppler Calendar Alerts

To subscribe to email alerts for the Eppler calendar:

Go to the [Eppler calendar](#)



Click on the subscribe to email alerts icon →

Select the type of alert wanted

Upcoming Activities

[Back to Menu](#)

[Click here](#) to view the 2022-2023 District Calendar

Monday, May 1	Thursday, May 4
<ul style="list-style-type: none">Chess Club Meeting 3:00 - 4:00 pm Media CenterM-STEP Make-Up Testing	<ul style="list-style-type: none">Homework Club, Media Center @ 2:55-3:55 pm7th & 8th Grade Track vs. Davis @4:00 (Eisenhower HS)AP Human Geography Testing 8:00 amAP Seminar Testing 12:00 pm
Tuesday, May 2	Friday, May 5
<ul style="list-style-type: none">Homework Club, Media Center @ 2:55-3:55 pm	
Wednesday, May 3	Saturday, May 6
	<ul style="list-style-type: none">None.
	Sunday, May 7
	<ul style="list-style-type: none">None.

UTICA COMMUNITY SCHOOLS MAY 2, 2023 ELECTION INFORMATION

THE SAFETY AND SUCCESS BOND PROPOSAL WILL:

- Provide important safety enhancements through our schools, including additional layers of security at entry points at the main entrance and other exterior doors such as shatter-resistant glass.
- Remodel, rebuild or upgrade facilities and fields to protect the community's investment in its schools.
- NOT increase the district's current debt tax rate – the lowest in Macomb County.

Our community's input and participation have been critical to bringing forth these two proposals. We invite you to share your feedback through a brief survey by scanning the QR code below, or visiting UticaK12.org/SafetyandSuccessSurvey. You can also contact UCS directly at (586) 797-1054 or Questions@UticaK12.org.



THE NON-HOMESTEAD OPERATING REPLACEMENT MILLAGE:

- Represents previously authorized millage by voters that is restricted to second homes, rental, commercial and industrial properties.
- Is a levy in every Michigan community to allow local school districts to receive their full share of state revenue.
- Is NOT levied on owner-occupied primary homes and has ZERO impact on a homeowner's property taxes.
- Supports school operations, including safety initiatives and training, teachers and staff, programs and services, and utilities such as heat and water.
- Represents \$41 million in annual funding to help maintain academic programs and services that support the district's track record of excellence.



WHAT'S NEXT FOR UCS?

PROJECT PROPOSALS FOR EPPLER JUNIOR HIGH SCHOOL



SAFETY

SAFETY AND SECURITY

- Create additional layers of security to limit access for exterior entry points at main entrance and corridors, such as shatter-resistant glass
- Replace interior door hardware to integrate improved locking system based on industry-level safety standards*
- Upgrade network infrastructure
- Upgrade security systems (cameras and access control)
- Replace public address system*

SITE IMPROVEMENTS

- Improve the track and bleachers
- Replace drinking fountains with water bottle filling stations

REMODELING

- Improve exterior façade and landscaping
- Upgrade the gym's lighting and audio system
- Improve the media center
- Renovate restrooms
- Upgrade power systems
- Upgrade interior and exterior lighting systems
- Modernize school sign with digital technology
- Upgrade HVAC system*

SUCCESS

INSTRUCTIONAL TECHNOLOGY

- Purchase instructional technology equipment for classrooms

FURNITURE AND EQUIPMENT

- Purchase computers for students and staff
- Purchase classroom furniture
- Purchase media center furniture

*Project scheduled for 2023 from 2018 bond issue



WWW.UTICAK12.ORG/SAFETYANDSUCCESS

This informational document was paid for by Utica Community Schools.
11305 Grandale | Sterling Heights, MI 48312



SACC is Now Hiring! BI-WEEKLY BONUS!*



- Flexible Hours
- Extra Income at Competitive Pay Rates
- Convenient Locations
- Morning and Afternoon Shifts

APPLY TODAY! CONTACT JENELLE DUBEY



(586) 797-6904



CommunityEdQuestions@Uticak12.org

*Every 10 workdays (based on your regular shift), you are eligible to receive a \$100 stipend



The Clinton River Watershed Council (CRWC) is a non-profit organization dedicated to protecting, enhancing and celebrating the Clinton River, its watershed and Lake St. Clair. They provide residents, schools, governments, businesses and other community groups with wide-ranging programs and events to ensure a healthy Clinton River Watershed for us all. Please see attached link to participate in a watershed survey.

https://docs.google.com/forms/d/146M_OwNhCHc2fQZcAPgnsvtl93aBU8hVBJAo_ijn8hY/viewform?edit_requested=true

CARE

What students and parents are saying...

"The counselor was wonderful...very interested in helping to place my son where he should be. Thanks!!"
"The yelling has stopped and the talking has started."
"CARE is very responsive to the needs of the clients and I think it is a very good agency. I would one day like to work for CARE."

Resources:

- Macomb County Crisis Center: 586-948-0222
- National Suicide Prevention LIFELINE: 800-273-TALK (8255)
- Alateen/Alanon Family Groups: 800-813-3105
- Affirmations (L.G.B.T.Q.): 248-398-7105
- Family Youth Interventions/Youth Shelter: 586-485-1212
- Poison Control Center: 800-222-1222C
- Macomb County Office of Substance Abuse (MCOSA): 586-469-5278

Substance Abuse Prevention websites:

- www.mcosa.net
- www.abovetheinfluence.com
- www.thetruth.com
- www.drugabuse.gov



Main Office
31900 Utica Road
Fraser, Michigan 48026

586.541.CARE (2273)
www.careofsem.com



SCAN HERE TO KNOW MORE ABOUT US

Our mission is to strengthen resiliency in people and their communities through prevention, education, and services that improve the quality of life. Since 1977, CARE of Southeastern Michigan has been a leader in substance use prevention and recovery services in Macomb County. An accredited and award-winning behavioral health nonprofit rooted in the community, CARE provides real-life solutions from early childhood to adulthood so we can live healthier lives.

CARE of Southeastern Michigan is funded by Macomb County Community Mental Health Office of Substance Abuse, Macomb County school districts, state, federal and other private dollars.

Recipients of substance abuse services have rights protected by state and federal law and promulgated rules. For information, contact CARE of Southeastern Michigan Recipient Rights Advisor, 31900 Utica Road, Fraser, MI 48026, (586) 541-2273 or State Recipient Rights Coordinator, P.O. Box 30664, Lansing, Michigan 48909.



STUDENT ASSISTANCE



CARE invests in youth by working with the community, school personnel and parents to promote the healthy development and education of young people.





CARE's Student Assistance

- Does your child/student have difficulties at school or in other social settings?
- Have you noticed a change in your child's/student's behaviors and/or attitudes?
- Are you concerned that your child/student may be using alcohol or other drugs?

CARE of Southeastern Michigan understands the struggles that families are facing today. Despite all efforts, when a family is in crisis because of substance use or social and emotional health concerns, there is a greater likelihood that a young person will experience difficulties. Student Assistance offers students and their families guidance and support.

Student Assistance Clinicians specialize in at-risk issues such as substance abuse and mental health problems. A qualified Clinician will conduct initial screenings and assessments to determine the extent of a student's problems and provide resources to best help the student and their family. Students and families will receive assistance in gaining access to the most appropriate service for their area of concern.

Youth and Family Programs

Visit www.careofsem.com for locations, times, and dates for all programs.

Peaceful Alternatives to Tough Situations (PATTS):

An educational series to help youth deal with their emotions in appropriate ways by understanding their own resources and developing their own plan of action with skills that really work!

* Parent participation required

Teen Intervene:

Power of Drugs and Alcohol is a series designed to provide education, support and guidance to teens that have experienced mild to moderate use of alcohol or other drugs. This program also offers parents and guardians the opportunity to learn healthy communication skills and the importance of establishing family rules regarding alcohol or other drug use.

* Parent participation required

Parent Education Classes:

A series for parents to discuss ways to understand behavior, build self-esteem, increase cooperation and provide discipline that teaches personal responsibility. Groups include early childhood (ages 0-5), school age (ages 6-12) and teens (ages 13-18). A book for the appropriate age group is required.



INDEPTH:

INDEPTH is the American Lung Association's Intervention for Nicotine Dependence: Education, Prevention, Tobacco and Health program. A forward-thinking alternative to suspension or citation for tobacco use, including e-cigarettes, INDEPTH addresses the teen vaping epidemic in a more supportive way. This interactive program teaches students about nicotine dependence, establishing healthy alternatives and making the change to be free of all tobacco products, including e-cigarettes. INDEPTH is led by a trained, CARE facilitator either one-on-one or in a group setting.

Camp CARE:

This program is offered for children/families who have been impacted by alcohol and other drugs by a loved one. Through small group discussions, children, youth and teens learn: You are not alone, identify and process feelings, how to be safe, celebrate themselves, how to handle peer pressure, conflict resolution, making healthy choices, and life skill building.

Teens Talking Truth:

T³ participates in social events, community service opportunities, and workshops that address the challenges of today's youth, with a primary focus on alcohol, tobacco and other drug prevention and a healthy teen lifestyle. T³ also works to get rid of the myth that all teens require drugs or alcohol to have fun!



UCS Calming Room for Students

Students – Check out and explore the new Virtual Calming Room by UCS. Click the link below, and **then click on the Calming Room icon**. THANK YOU!

It has tons of ways to relax and de-stress before exams (and after):

- *Coloring and creativity
- *Guided meditation
- *Puzzles and games
- *Exercise
- *Live animal cameras
- *Visual relaxation
- *Smartphone apps
- *Sounds and music
- *Mindfulness
- *Yoga



[UCS Calming Room - Utica Community Schools \(uticak12.org\)](http://uticak12.org)

Check out Monday Moments, COVID-19 Support Services, Macomb Food Program and more at:

[www.uticak12.org/UCS Wellness](http://www.uticak12.org/UCS_Wellness)

MONDAY MOMENTS



NEW DAY · NEW WEEK · NEW GOAL

Monthly Theme: Get Spectacular
Week 27: Prepare For Launch



“You hit homeruns not by chance but by preparation.”
~ Roger Maris, American professional baseball player



We are truly surrounded by SPECTACULAR things and people. An impressive cloud formation, a classmate who is incredibly artistic or musical, or the cafeteria staff who show kindness, wonderful and amazing moments happen every day. The thing is ~ most of these SPECTACULAR things happened because someone PREPARED themselves to achieve it. How might making a list help to PREPARE us to achieve our goals or make something SPECTACULAR happen?



A Thoughtful Walk ~ Taking a walk can be magical and restorative. A simple walk, especially outside, infuses oxygen throughout our bodies. It refreshes and resets our brains. A simple walk can help our minds think and see more clearly. It boosts our creativity and ability to solve problems. Dedicate some time on a regular basis for you and your family to take a THOUGHTFUL WALK. Remind family members to breathe deeply, inhaling through your nose and slowly exhaling through your mouth. Nothing necessarily needs to be discussed or talked about on your walk. The aim is to create some space in our brains to PREPARE for the things we want to achieve. Let's PREPARE to walk.



www.uticak12.org/UCS_Wellness



UCS Wellness Podcast

The UCS Wellness team is happy to announce the 12th episode of our podcast series, featuring Ruth Mach, a registered dietician. This episode focuses on nutrition and how to raise and become an intuitive eater. These podcasts are available on the UCS Wellness page. [UCS Wellness - Utica Community Schools](#). The 12th podcast in the series is Raising an Intuitive Eater. Below is a list of the podcasts available on the Wellness page: Below is a list of the podcasts available on the Wellness page:

- Mental Health with guest, Nancy Buyle
- Grief and the Grieving Process for Children
- Family Communication
- CARE of Southeastern Michigan
- Discussing Dating Violence with Turning Point
- Tackling Tough Topics with the Macomb County Sheriff's Office
- Our Youth and Vaping
- Youth and Suicide Prevention
- The Detour Project
- Self-Regulation Strategies
- Teen Mental Health and Wellness
- Raising an Intuitive Eater



Virtual Library Card

Students and staff can access their Virtual Library account located on their ClassLink dashboard. The Virtual Library Card gives students access to digital resources from the local library and the virtual library card - Tutor.com provides online tutoring and homework help for students.



Student Virtual Library Card

1. Click on the Virtual Library Card icon from the ClassLink dashboard.
2. Select the library assigned to your homeschool

3. Enter in your Virtual Library Card number and pin

Virtual Library Card number = UCS followed by the Student PowerSchool Number

PIN = MMDD (birth month and birth day)

Sterling Heights Library	Shelby Township Library	Utica Public Library	Clinton-Macomb Public Library
Bemis	Beacon Tree	Eppler	Beck
Browning	Crissman	Flickinger	Ebeling
Burr	Duncan		
Collins	Eisenhower		
Davis	Malow		
DeKeyser	Monfort		
Dresden	Morgan		
Graebner	Roberts		
Harvey	Shelby		
Havel	Switzer		
Henry Ford II	Utica High		
Heritage	West Utica		
Jeannette	Wiley		
Messmore			
Oakbrook			
Plumbrook			
Schuchard			
Schwarzkoﬀ			
Stevenson			
UAIS			
Utica Alternative Learning Center			
Virtual School (Elementary, Junior High, High School)			

4. Click Sign in

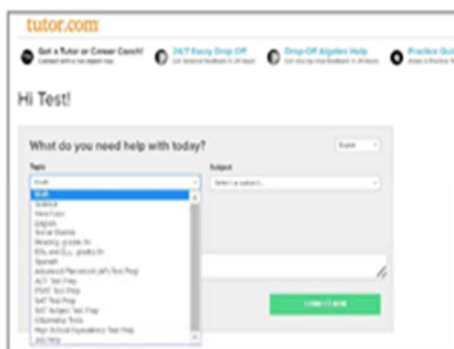


FREE Online Tutoring

Do you need one-on-one help with your homework?

To access the free tutoring:

- On your ClassLink dashboard, select **Virtual Library Card - Tutor.com** (the orange icon with the letter "t" on it).
 - You will need your PowerSchool number to log in. You can email your counselor to ask for your PowerSchool number (Marla.Ostrom@UticaK12.org or Autumn.Blanchard@UticaK12.org). To log in:
 - Barcode: ucs##### (ucs followed by PowerSchool number)
 - Your password is your 2-digit birth **month** and 2-digit birth **day** (example 0408 for April 8)
 - Choose **GET A TUTOR NOW**. If you want a short tutorial on how the site works, you can select **Take the tour**.



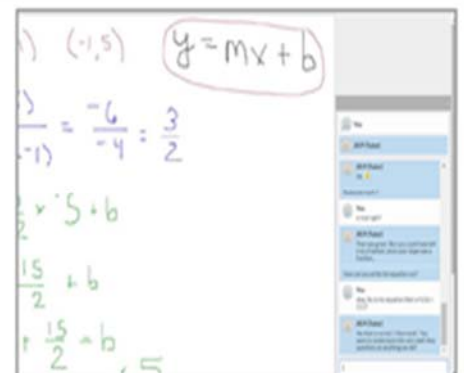
CONNECT WITH A TUTOR

Connect to a tutor quickly and easily. Select your topic, subject and grade level. Then, to get the best tutor for your problem, type out your question and, if you have a file or picture, attach it to your request.

02

CHAT WITH YOUR TUTOR

Use our online classroom to chat with your tutor and share your work on the whiteboard. You and the tutor can draw, type, paste images and use graph paper on the interactive whiteboard.



03

Virtual Library Card – Tutor.com



1. Click on the Virtual Library Card Tutor.com icon from the ClassLink dashboard.

2. Enter in your Virtual Library Card Tutor.com number and pin

Virtual Library Card Tutor.com number = UCS followed by the Student PowerSchool Number

PIN = MMDD (birth month and birth day)

Would you like to save your login?



Virtual Library Card - Tutor.com(Suburban)

You can save your login for this application to auto login on your next visit

Fields marked as * are required

* Barcode

UCS100023456



* Password

0923

Skip

Save

4. Click Save

Free and Reduced-Priced Meals Application Expire

Last year's free and reduced-price applications expired on Thursday, October 13, 2022.

As required by federal guidelines, students without an approved 2022-2023 Free and Reduced Meal Application on file will pay full price for all breakfast and lunch meals beginning October 14, 2022. **Families must fill out a new application form located at <https://utica.familyportal.cloud> today in order for benefits to continue.**

Please direct any questions to Food and Nutrition Services ext. 1180.



How-To Guide for School Meals SECONDARY

Breakfast



Available to all students every day for \$1.75. Breakfast starts 10-15 minutes before school begins and is served in the cafeteria. Menus are posted on monitors in the cafeteria as well as online at [Uticak12.Nutrislice.com](https://uticak12.nutrislice.com) or on the Nutrislice app.

Lunch

Lunch will take place in the cafeteria and there are numerous items to choose from. Lunch is \$2.90 for junior highs and \$2.95 for high schools. Menus are posted on monitors in the cafeteria and online at [Uticak12.Nutrislice.com](https://uticak12.nutrislice.com) or the Nutrislice app.



Payment

For students to access their account they will scan their student ID at the register. If they have forgotten their ID, they can give the cashier their last name. Free and reduced status are confidential, so students will not know.

You can send in cash or check for meals with your student to deposit at the register, or you can pay via credit card at UticaFamilyPortal.Cloud - here you can also check your child's account balance, spending habits and apply for free/reduced meals.

How-To Guide for School Meals SECONDARY (continued)

Allergies

Students with allergies must fill out an allergy form and return it to the office and the department of Food Service. Substitutions cannot be accommodated without this form. Access the form at Uticak12.org/foodservice under the 'Allergen Form' section.



Other Important Info

To apply for free/reduced meals, visit UticaFamilyPortal.Cloud. Until a student is approved, you will be responsible for paying for meals. UCS will cover the cost this year for all reduced priced meals, so they will be free once approved!

For a meal to be considered free students must take 3 out of 5 components with 1 of them being a fruit or vegetable. A la carte items, such as second entrees, chips, and bottled beverages, are not included in the meal and must be paid for by the student.

Students may charge up to 5 meals that must then be repaid. You can find the UCS charging policy at Uticak12.org/foodservice.

Jeannette Junior High School and Utica Alternative Learning Center are considered CEP or Community Eligibility Provision schools. This means the entire school qualified for no cost meals, but should still complete the Household Income Report (HIR) at UticaFamilyPortal.Cloud to help the school qualify for federal funding and for parents to qualify for other benefits.



UCS Meals Are Nutritious And Delicious!

- UCS cafeterias offer a wide variety of different food choices to meet your student's needs
- We serve the same brand named products, like Tyson, Land-O-Lakes and Jennie-O, that you do you in your homes
- Meals follow federal guidelines for nutrition
- Meals include a variety of fresh fruit, vegetables, whole grains, low fat meat and dairy as well as low fat and fat free milk
- **To qualify for free and reduced meals students must take at least 1/2 cup fruit or vegetable with a meal.**
- **Breakfast meals include up to 2 grains, up to 2 fruits and a milk. Must take at least 1/2 cup fruit or vegetable with 2 more items to qualify.**
- **Lunch meals include a grain, meat/meat alternate, vegetable, fruit & milk. Must take 3 out of 5 with one being 1/2 cup fruit or vegetable to qualify.**
- We watch our saturated fat and sodium levels to help support our student's health needs
- Visit the Healthy Meals at School page to learn more about meal requirements

"Hey Alexa, what's for lunch?"

UCS's School Menus are digitally accessible on all devices as well as Amazon's Alexa!

Customize, view and print all school menus by clicking here or visiting <https://uticak12.nutrislice.com>

Did you know that we offer vegetarian options every day? Please go to <https://uticak12.nutrislice.com> for menu offerings.

**UTICA COMMUNITY SCHOOLS
FOOD & NUTRITION SERVICES**

**DID YOU KNOW WE OFFER
VEGETARIAN ITEMS?**

Frequent Items on All School Menus include:

- Bosco Sticks**
- Big Daddy's Cheese Pizza**
- Hummus Munchable (no cheese) or With Cheese**
- 2 Wowbutters & Crackers Munchable**

Items on Elementary Menus include:

- DeWafflebaker Pancakes**
- Danimals Yogurt & Sunflower Seed Munchable**
- Danimals & Cheese Munchable**
- Tony's Deep Dish Galaxy Cheese Pizza**
- Dutch Waffle**
- Wowbutter & Jelly Sandwich**
- French Bread Pizza**

Items on Secondary Menus include:

- Impossible Burger**
- Cheese or Bean Nachos**
- Alfredo or Marinara Pasta Bowl**

Please check menus for availability per school

Halal Friendly items indicated above in red and on Nutrislice with this logo

Family Portal Replacing "Send Money to School"

Attention all families: Sendmoneytoschool.com, the site used to deposit funds to your student's meal account, has been replaced. Please begin using <https://utica.familyportal.cloud> to deposit funds. If you currently have an account with sendmoneytoschool.com your children will be moved over to the new account after completing registration.

Please view this video showing how to create an account on the new website: <https://utica.familyportal.cloud/tutorials>.

This site also contains the link to apply for free and reduced price meals. As a reminder, the USDA subsidized free meal program ended June 30, 2022. Families without an approved free or reduced price meal application will be charged the full meal price next school year. You can apply for the 2022-2023 school year as early as July 1.

How-To Video for School Meals link with your school community: <https://youtu.be/ukSHx6zqPro>



FUNDRAISER



Please join us for a Spaghetti dinner to support Beckett and the Fowler Family.



Friday, May 12, 2023

6pm-9pm

Shelby Gardens

50265 VanDyke Ave.

Shelby Twp, MI 48317

Tickets are \$20

Children under 12 are \$15

Ticket sales end April 27th.

<https://my.cheddarup.com/c/beckett-fundraiser>

Menu:

Spaghetti, Salad and Bread.

Please purchase tickets in advance in order to give the hall an accurate count.

Live entertainment provided

by Shelby's own Set 'N' Stone.

Tickets for 50/50 and raffle baskets will be sold, please bring cash!



All proceeds will go directly to the Fowler Family Event is sponsored by Flickinger Parent Group.

In Case You Missed It

We regret to inform you that three of our finest staff members have decided to retire at the end of this semester. And here is the rest of the story.....

A short note from Mrs. Cunningham

Dear Parents and Students:

I am writing this letter with some happiness and some sadness. It is time for me to say goodbye to Eppler Junior High. At the end of the month, I will be retiring from my position in Utica Community Schools. Throughout my career, I have been at multiple buildings: Shelby Junior High, Davis Junior High, Joan C Seargeant Instructional Resource Center, Henry Ford II High School and finally Eppler Junior High. During my time here, I have said over and over again that there is no other building, staff, students, parents and community that compare. This truly is a one-of-a-kind school family and I will miss my daily interaction with everybody, but it is time for me to start the next chapter in my life.

I also want to take this opportunity to wish each and every one of you the happiest of holidays. May you enjoy time with family and friends, and take some time to recharge.

Mrs. Cunningham

A short note from Mrs. Ostrom

Dear Parents and Students,

I have spent the last 18 ½ years as a counselor at Eppler Junior High, and I consider the people here to be my family. My favorite thing about Eppler is the small hometown feel. For many of you, I have worked with multiple children in your family, and I have gotten to know some of your families very well. I want to share with you that I will be retiring at the end of December to start a new endeavor. There will be a new counselor assigned to students with last names A-K. This was a difficult decision, because I love Eppler so much. It has been my pleasure to work with you over the years, and I have really enjoyed getting to know your children. They are in good hands at Eppler. This staff truly cares about your children. I hope you all have a wonderful holiday break!

Sincerely,

Mrs. Ostrom

A short note from Mr. Bernabei

To the Eppler Junior High Family,

After 30 years with the UCS, I have decided to retire from public teaching. It is bittersweet because I absolutely love teaching and was blessed to work with many amazing students and staff. As a Social Studies teacher, my goal was never to teach History, but to try to develop History makers. I hope that I was able to do that with some of the many awesome students that came thru my classroom doors.

I know teachers typically leave at the end of the school year, but another opportunity has presented itself and it works best for me and my family. I pray that all of you have a blessed, peaceful and safe Christmas and second semester. Remember to always be humble, grateful and to treat others how you would want to be treated.

Sincerely,

Mr. Bernabei

Chieftains of the Month

Congrats to our March Chieftains of the Month!

Evan Wingett, Daniel Itoney, John Paul Iskharia, Joanna Hoti, Melanie Macias-Gonzalez, Lauryn McConachie, Maria Martinez Gonzalez, Jada Austin, Abigail LaRue, Bailey Rousseau, Jaydon Long, and Kylie Abro.

Great Job Everyone!



State Gymnastic Competition

Congratulations to Kristen Meholic!! She took 1st place on Floor in her age division at the State of Michigan Gymnastic competition March 24 in Battle Creek. She scored a 9.4 and came in 6th in all-around making her an official member of the State team for Michigan. We wish her luck as she heads to regionals in Grand Rapids the weekend of 4/21-4/23.

Congratulations to Addisyn Kelley!! She was level 9 state champ (all levels). She also was individual state champ on Vault and beam. That makes her state champ, three years in a row. In three weeks, she will be competing at regional in Fort Wayne, Indiana with the hope to make it to National's. Good Luck Addisyn!!



Science Olympiad

Congrats to Sarah Hutcheon and Lilly McNair who took third place in "Write It Do It" Saturday, 03/18/23. Also pictured, Alex Sesi doing flight.



DSO Middle School Honor Band



Eppler 8th grade student and alto saxophone player, Nathan Siegert, was selected as a member of the DSO Middle School Honor Band. Nathan is the only UCS student to be awarded this honor this school year. This distinction allowed Nathan to play onstage with the rest of the Honor Band at the Detroit Orchestra Symphony Hall on March 6, 2023. Nathan said, "It was a great change of scenery, and it's always nice to be with others who love music and have the same level of accomplishment." When asked about receiving such an accolade and the experience, Nathan replied, "It was amazing to be on the same stage as some of the best musicians in the country, some of whom we got to meet and play with!" Congratulations, Nathan, and thank you for representing Eppler so well!!!

SPECIAL THANKS TO:

EPH – EPPERLY PARENT / GUARDIAN GROUP

RUMBLE BOXING GYM – WWW.RUMBLEBOXINGGYM.COM

PATRICK'S PARTY RENTALS – WWW.PATRICKSPARTYRENTALS.COM

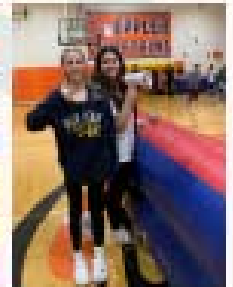
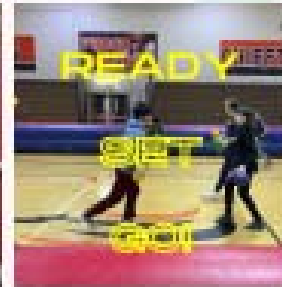
AVID STUDENTS AND THE MATH DEPARTMENT



WELLNESS WEEK

Eppler Junior High School

March 6, 2023



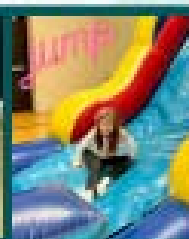
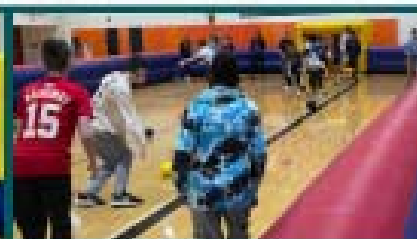
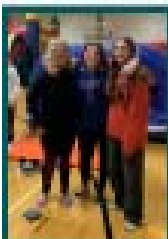
OUR ACTIVITIES: GET MOVING MONDAY

Physical Health

The dress for the day was favorite sports team. Students who participated were entered into a drawing to win a \$15 gift card to a local restaurant and candy. Throughout the day, math teachers took their students to the gym to use several inflatables and health tips were shared at the start of each hour. At lunch, staff was treated to some healthy snacks from the EPIC committee while students could create a 30-day fitness challenge and learn about nutrition using handouts on their lunch tables. The staff prize raffled off was TWO gift bags with merchandise & a week of free passes to Rumble Boxing.



You should aim to get 30-60 minutes of moving your body every day! You do not have to run or play a sport, just find an activity that gets your heart rate up and your body moving. Physical activity is essential for healthy living. It builds muscle, it manages your weight, prevents diseases, and is great for your mental health. So, get moving chieftains!



SPECIAL THANKS TO:

THE THERAPY DOGS INTERNATIONAL AND THE GO TEAM DETROIT

GREG/BRODY, DAVID/CANDY & GRACIE, BERNADETTE (PAM)/BILLIE, SANDY/CHEYENNE, SUSAN/CLANCY, YVONNE/COCO, JIN/RINGO

TOTAL HEALTH SYSTEMS - WWW.TOTALHEALTHSYSTEMS.COM

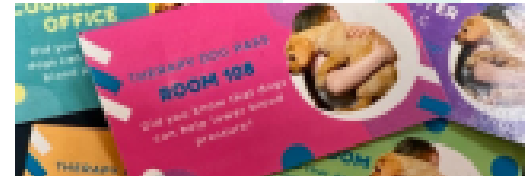
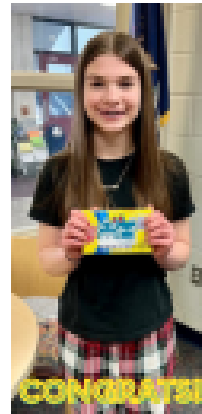
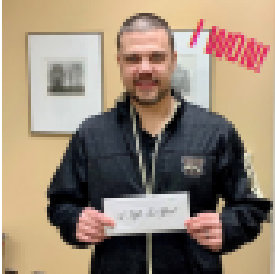
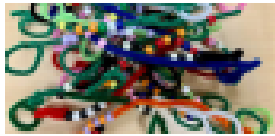
THE ENGLISH DEPARTMENT



WELLNESS WEEK

Eppler Junior High School

March 7, 2023

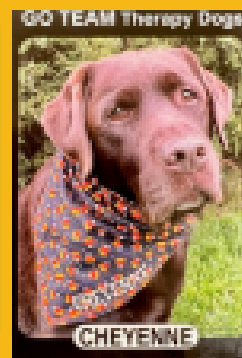
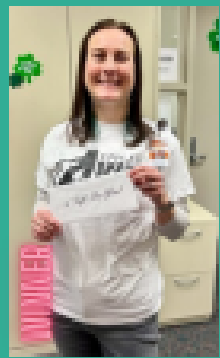
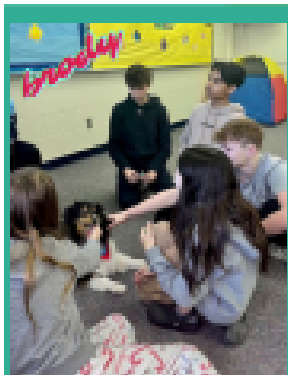


Did you know the Macomb County Crisis Center is a place dedicated to helping people help themselves with any problem, anytime? They have specially trained counselors available by phone to provide support to callers facing any situation. Counselors listen to your concerns and can provide community services and resources to help. If you need someone to talk to you can call the crisis center at 1-800-273-TALK any time 24/7, 365 days a year. You can also call 988 for the national crisis hotline also available 24/7, 365 days a year. Your call is confidential and anonymous.

OUR ACTIVITIES: TRANQUIL TUESDAY

mental health

The dress for the day was PJs. Students who participated were entered into a drawing to win a \$15 gift card to a local restaurant and candy. Throughout the day, English teachers made breathing wands with their students and mental health resources were shared at the start of each hour. At lunch, staff and students could relax by coloring. Everyone also had the chance to visit one of the eight therapy dogs volunteering at Eppler. The smiles were contagious! Finally, the staff prize raffled off was FIVE free one-hour massages to Total Health Systems. It was a great day for everyone!



SELF CARE ISN'T SELFISH





WELLNESS WEEK

Eppler Junior High School

March 8, 2023

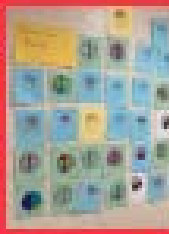


”
When you add a "s" to the end of this word, it changes from plural to singular and from masculine to feminine. What's the word?
The answer is: Princess to Princess

OUR ACTIVITIES: WITTY WEDNESDAY

intellectual health

The dress for the day was anything but a backpack. Students who participated were entered into a drawing to win a \$15 gift card to a local restaurant and candy. Science classes worked in groups to make the tallest tower using spaghetti, tape, string, and a marshmallow. At the start of each hour, brain teasers were shared and the class to email the correct answer first won a trip to the school store to get a food/drink item. Then, at lunch, staff & students could do word searches and Sudoku puzzles. Finally, teachers participated in a shamrock hunt to win a 1/2 day off work.



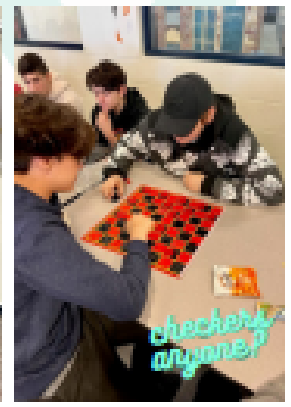
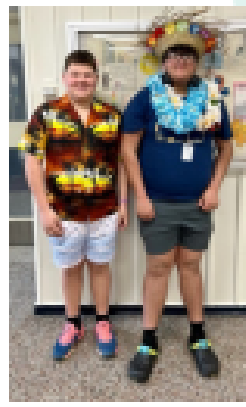
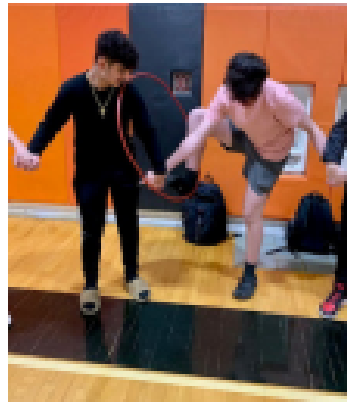
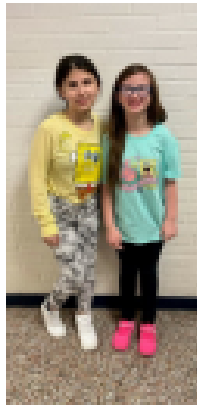
SPECIAL THANKS TO:
BE SCENE BOUTIQUE - BEsceneboutique.com
THE SOCIAL STUDIES DEPARTMENT
STUDENT COUNCIL
ACT II HAIR SALON - (586) 254-9171



WELLNESS WEEK

Epler Junior High School

March 9, 2023



OUR ACTIVITIES: TOGETHERNESS THURSDAY

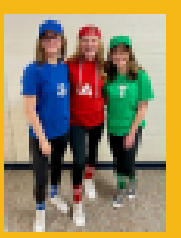
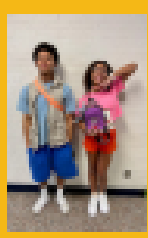
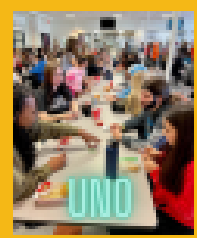
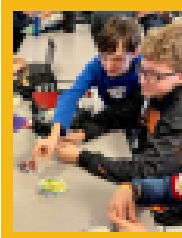
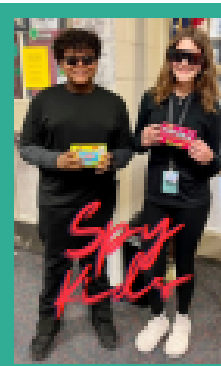
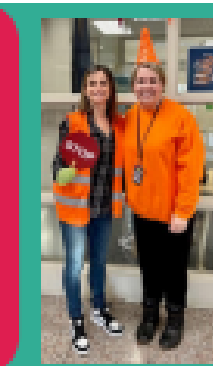
social health

The dress for the day was famous pairs. We saw a lot of creative outfits! Students who participated (and their partner) were entered into a drawing to win a \$15 gift card to a local restaurant and candy. To begin each hour, a quote about friendship was shared. Throughout the day, Social Studies classes practiced teamwork to compete against one another in the hula hoop game. Then, at lunch, students played cards, Uno, and checkers with their friends. Finally, staff was entered in a raffle to win a gift basket from Be Scene Boutique in Rochester and a \$100 gift card from Act II Hair Salon.

”

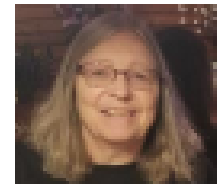
My best friend is the one who brings out the best in me.

-Henry Ford-



Hello!

My name is Catharine Rose,
and I am the new Media Center Office Clerk at Eppler.



About UCS Loaner Computer Chargers...

Our loaner computer chargers are not supposed to leave the school building.

They are available as a courtesy loan to those students who forgot their own computer chargers at home.

Parents and Students:

This photo shows what a loaner computer charger looks like just in case you see one come home with your student. They are labeled with bright yellow tape and identified with different names of Sports teams.

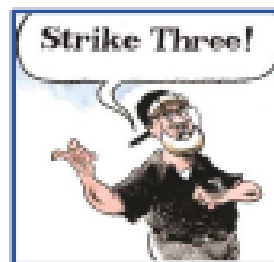
If you see one of these 14 chargers come home with your student, please remind your student to turn it back in to the Media Center Office ASAP.

Every loaned charger is tracked with the student's name, the Sports name labeled on their charger, date/time out, and date/time in.



A new policy will be enforced for loaned computer chargers. This policy has been implemented due to the growing number of students that are not returning their loaned chargers for several days at a time or are habitual borrowers that have actually permanently lost their charger and are relying on these loaner chargers to get them through the remainder of the school year. On average, between 10 to 20 chargers are loaned out daily. Unreturned chargers by a few students have become an inconvenience for those students that need one on a temporary basis for an hour or two.

New Policy has been Implemented:



If a student keeps a loaned charger longer than 2 school days, and it happens more than twice before the end of this school year, at the time of the "third charger loan", the student will automatically be issued a permanent replacement charger at the current assessed tech fee cost of \$39.00. This fee will show up on your student's account.

If a student becomes a habitual borrower, meaning a loaner charger is borrowed more than 2 times within one month, at the time of the "third charger loan", the student will automatically be issued a permanent replacement charger at the current assessed tech fee cost of \$39.00. This fee will show up on your student's account.

A Note from Your Eppler Media Center Office Clerk

About UCS Shared Loaner Laptops...

These Shared Loaner computers are not supposed to leave the school building. They are labeled **In-School Use Only**. They're available as a courtesy loan to those students who forgot their computers at home or have turned in a broken computer that needs repair, requiring temporary student computer access in school while they wait for the Media Center Clerk to deploy a new laptop. In general, replacement computers are deployed on the same school day.

Parents and Students:

The photo below is an example of what a Shared Loaner computer looks like just in case you see it come home with your student. Loaners are a bit smaller in overall size (8" x 12") than their district-deployed computers (9" x 13").



Computer Labels explained...

36 = Eppler Jr High School ID Number

SHARED = **For In-School Use Only**

SL04 = Student Laptop Number 04

The photos below are what district-deployed computers look like, in comparison to the above Shared Loaner computer.

Please discourage your students from removing any of the UCS applied computer identification labels!

Also, please discourage your students from applying their own personal stickers to their computers!

New "Sticker Removal" Policy has been Implemented:

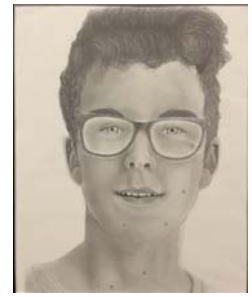
When our students' UCS computers are outsourced for repairs, we are seeing additional charges for sticker removal. All sticker removal fees will be added on as an additional tech fee on your student's account. As a result, the Media Center Office Clerk will be encouraging students to remove all personal stickers on their computers as they circulate through the Media Center Office for repairs, etc. Please note that if the personal stickers are not removed and our outsourced repair facility charges UCS for sticker removal, you will see this tech fee added on to your student's account.



District Art Show 2023 Award Winners



Aaron Paul - Superintendent's award for sculpture, Superintendent's award for painting and Best in Show award for sculpture



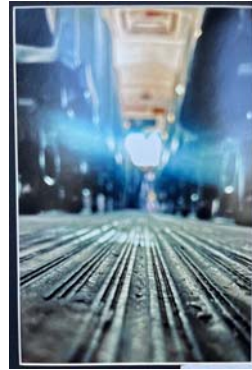
Jace Jones - Best in show for drawing



Adela Tuci - - Superintendent's award for drawing



Kaylee Young - Best in show for painting



Payton Fertik - - Best in Show for photography



Jackson Jolley - - Superintendent's award for drawing



Alejandra Carrera - Best in show for design



Jaden Junkin - Best in show for photography



Mariana Bleck - Best in show for painting



Emma Bozek - Best in show for drawing



Kylie Brendel - - Superintendent's award for photography



Brookelyn Hohner - Best in show for drawing



Rachel Brown - Best in show for design

Freshmen Mock Election Results

Our Freshmen Mock Election results are in! The winners are:

Most likely to become a millionaire: *Hayden Hirmiz and Alex Thielen*

Most likely to be a class clown: *Alex Shaba and Jonathan McCabe*

Most likely to become a professional athlete: *Mahti Gwilly and David Minisee*

Most likely to be mistaken for a 7th grader: *Tate Tomatti and Ahmante Cheateum*

Most likely to go to Harvard: *Samuel John and Anya Alband*

Most likely to sleep through an earthquake: *Kayden Crute and Jayden Beasley*

Most likely to be a designer on Vouge: *Kelly Holt and Antoine Beal*

Most likely not to change after junior high/high school: *Nikolas Lulgjuraj and Jacob Jarbo*

Most likely to be a reality TV star: *Kalaya Powell and Cayden Yousef*

Most likely to start a band in their garage: *Brendan Silver and Anthony Dokaj*

Team Chess Championship

Caleb Boucher, Garet Gertsch, Marwan Hassan, and Evan Wingett represented the Eppler Elephant chess club on February 25 at the 2023 Michigan High School & Junior High Team Chess Championship. The event was held at Oakland University. The team, led by Coach David Boucher, took home a second place trophy! In addition to this, Marwan and Evan earned individual Silver medals for their 4-1 performance! Way to go team!



Chieftains of the Month

Congrats to our February Chieftains of the Month!

Audrey Bare, Dalaney O'Connor, Yug Patel, Jade Burnham, Avery Lewis, Cameron Warren, Nikolina Anceski, Lilly McNair, Ella Laszczak, Audrey Varghese, Addison Clark, Presley Orlowski

Great Job Everyone!



Macomb Diversity Summit

Eppler students participated at the Macomb Student Diversity Summit on February 14, 2023.

This Macomb Student Diversity Summit was first convened eight years ago as a way to engage in conversations about diversity with students across the entire county. The event brought together students in grades 8 - 11 to discuss this important topic. The summit continues to have multiple sessions that touch on the challenges, opportunities, and celebrations experienced in diverse school populations and neighborhoods. Each year the student engagement at this event is inspiring and the personal growth from their shared perspectives brings a sense of understanding that is unmatched. The planning committee for this event is continually encouraged by the willingness of Macomb County students to accept people where they are and open their hearts to everyone in our communities.



Shyla Cheateum, Braden Chung, America Gonzalez, Aaron Humes, Amanda Meholic

Caught Being Kind



This year the counseling office is starting a fun program called "Caught Bring Kind"! Teachers and staff are recognizing moments when students are going out of their way to be kind to someone and performing an act of kindness. Then each month we are going around to classrooms and rewarding the students who were "Caught Being Kind". Kindness is contagious and we want the students to know we see appreciate that! The following students were rewarded recently:

Gabby Sun, Shyla Alexander, Mikolaja Anceski, Reese Noonan, Brennan Rossol, Victoria Ivanovski, Kaitlin Esno, Victoria Ivanovski, Cali Kaczmar, Nathan Reese, Jack Stone, Jiovani Jarbo, Gage Diem, Matthew McIntyre, Ahmante Cheatum, Brady Vansickle, Madelynn Quinlan, Jaden Ervin, Louis Berant, Hunter Brockway, Stevin Nikoli, Maria Martinez, Jaden Long, Eva Normandin, Angelina Bshara, Baylie Cloud, Cali Kaczmar, Amaya Kinsman.

Leadership Day

Eppler Freshmen Student Council and Avid members joined Utica High School Student Council for their 2nd annual Leadership Day. Students learned about leadership through fun activities, conversations and an inspirational speaker, Tunji Adebayo from FEE.



Chieftain of the Month

Congrats to our January Chieftains of the Month!

Isabella Susalla, Landon Cooke, Mavlyn Moshe, Banah Alsafar, Brendan Silver, Tyler Sutter, Kaitlyn Gorlewski, Brodie Zbytowski, Ashley Wiseman, Patyon Fertick, Olivia Muylaert, Derick Keehn

Great Job Everyone!



Toys for Tots—NEW

Thank you to all the Chieftain families who donated to this years Toys for Tots. NJHS and Student Council were able to collect 178 total toys this year... 100 more than last year!



Caught Being Kind



This year the counseling office is starting a fun program called "Caught Bring Kind"! Teachers and staff are recognizing moments when students are going out of their way to be kind to someone and performing an act of kindness. Then each month we are going around to classrooms and rewarding the students who were "Caught Being Kind". Kindness is contagious and we want the students to know we see appreciate that! The following students were rewarded recently:

Carley Kleist, Audrey Hinton, Aiden Wenberg, Grace Ealy, Salem Elrod, Jayson Tupo, Nick Florio, Chloe Wilson, Isabella Kashat, Jacob Solomon, Salem Eldrod, Drake McKinnis, Vata Margilaj, Leonia Maclin, Ava Ricketts, Jonah Youno, Kendall Abro, Emmerson Kraemer, Madilyn Fehn, Lorianio Mio, Jaxson Readitt, Alenya Margilaj, Lauryn McConachie

Great Job Everyone!

Eppler Wings

Eppler gives you wings, where will you go? Numerous NJHS & AVID students created a wing mural out of college pennants. The pennants that have been used as the feathers of the wings represent the opportunities available to Eppler students who get the most out of their three years here. Serious students are taking a big step towards "soaring" to higher levels of achievement and success.

We invite students to visit the media center and stand between the college pennant wings for a photo. Please make sure students ask a staff member before using their phones for a picture.

Picture below: 9th graders, Anya Alband and Ashly Ritter. Anya and Ashly are both NJHS students as well as AVID students and volunteered hours after school to make this vision come to life



Chieftain of the Month

Congrats to our September Chieftains of the Month!! These students were nominated by one or more staff members for practicing the Eppler Code of Conduct. For being responsible, respectful and reasonable, these chieftains receives a pride pin, certificate, chieftain ink pen and pizza lunch with the administrators. Great Job!!



Chieftain of the Month

Congrats to our November Chieftains of the Month!

Nikolas Lulgjuraj, Tylor Bolis, Lucas Abro, Carl Vetimiglia, Anthony Camilleri, Yousif Gorgees, Kayden Crute, Lily Seitz, Gianna Ligoncki, Angelina Bshara, Alyssa Jones and Hollye Kilburg





Football



Cheer



7th Grade Volleyball



CHIEFTAIN PRIDE



8th Grade vs Shelby

Pep Assembly



2022-2023 Homecoming Parade

Thank you to all the Eppler groups that participated in the UHS homecoming parade.



What's Your Superpower?

On October 20, 2022 Eppler's film star Maritsa Skowronek was recognized by the UCS Board of Education for her role in the documentary called *Chromosomally Enhanced: What's Your Superpower*. 9

The film can be viewed at <https://chromosomallyenhancedwhatsyoursuperpower.vhx.tv/>

More information on the film can be found at: <https://whatisyoursuperpowerfilm.com/>



9th Grade Science

Mrs. Heidrich's 9th grade science classes participated in a water balloon toss as part of their unit on Forces and designing safer vehicles

